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# SEVERAL REVERSE INEQUALITIES OF OPERATORS (Advanced Study of Applied Functional Analysis and Information Sciences)

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# SEVERAL REVERSE INEQUALITIES OF OPERATORS

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ABSTRACT. In this report, we show reverse inequalities to Araki's inequality and investigate the equivalence among reverse inequalities of Araki, Cordes and Löwner-Heinz inequalities. Among others, we show that if  $A$  and  $B$  are positive operators on a Hilbert space  $H$  such that  $0 < mI \leq A \leq MI$  for some scalars  $m < M$ , then

$$K(m, M, p) \|BAB\|^p \leq \|B^p A^p B^p\| \quad \text{for all } 0 < p < 1,$$

where  $K(m, M, p)$  is a generalized Kantorovich constant by Furuta.

## 1. INTRODUCTION

Let  $A$  and  $B$  be positive operators on a Hilbert space  $H$ . The equivalence among Cordes and Löwner-Heinz inequalities was discussed by many authors. In [8], Furuta showed that the Cordes inequality

$$(1) \quad \|A^p B^p\| \leq \|AB\|^p \quad \text{for } 0 < p < 1$$

is equivalent to the Löwner-Heinz inequality (cf. [14])

$$(2) \quad A \geq B \geq 0 \quad \text{implies} \quad A^p \geq B^p \quad \text{for } 0 < p < 1$$

(cf. [5]). In [1], Araki showed a trace inequality which entails the following inequality:

$$(3) \quad \|B^p A^p B^p\| \leq \|BAB\|^p \quad \text{for } 0 < p < 1.$$

Moreover, it was shown in [6, 2] that the Cordes inequality (1) is equivalent to Araki's inequality (3).

On the other hand, Furuta [9] showed the following Kantorovich type inequalities: If  $A$  and  $B$  are positive operators with  $0 < mI \leq A \leq MI$  for some scalars  $m < M$ , then

$$(4) \quad A \geq B \geq 0 \quad \text{implies} \quad K(m, M, p) A^p \geq B^p \quad \text{for } p > 1,$$

where a generalized Kantorovich constant  $K(m, M, p)$  [3, 7, 11] is defined as

$$(5) \quad K(m, M, p) = \frac{mM^p - Mm^p}{(p-1)(M-m)} \left( \frac{p-1}{p} \frac{M^p - m^p}{mM^p - Mm^p} \right)^p \quad \text{for all real numbers } p.$$

We here cite Furuta's textbook [10] as a pertinent reference to Kantorovich inequalities.

Also, Yamazaki [16] showed the following difference type reverse inequalities of the Löwner-Heinz inequality: If  $A$  and  $B$  are positive operators with  $0 < mI \leq B \leq MI$  for some scalars  $m < M$ , then

$$(6) \quad A \geq B \geq 0 \quad \text{implies} \quad C(m, M, p) + A^p \geq B^p \quad \text{for } p > 1,$$

where the constant  $C(m, M, p)$  [12, 16] is defined as

$$(7) \quad C(m, M, p) = (p-1) \left( \frac{M^p - m^p}{p(M-m)} \right)^{\frac{p}{p-1}} + \frac{Mm^p - mM^p}{M-m} \quad \text{for all real numbers } p.$$

In this report, we show reverse inequalities to Araki's inequality (3) and the Cordes inequality (1): If  $A$  and  $B$  are positive operators with  $0 < mI \leq A \leq MI$  for some scalars  $m < M$ , then the following inequalities hold

$$(8) \quad K(m, M, p) \|BAB\|^p \leq \|B^p A^p B^p\| \quad \text{for } 0 < p < 1,$$

$$(9) \quad K(m^2, M^2, p)^{1/2} \|AB\|^p \leq \|A^p B^p\| \quad \text{for } 0 < p < 1,$$

respectively. We moreover show that reverse inequalities (4), (8) and (9) are mutually equivalent.

## 2. MAIN RESULTS

First of all, we present our main theorem which is a reverse inequality to Araki's inequality (3).

**Theorem 1.** *If  $A$  and  $B$  are positive operators on  $H$  such that  $0 < mI \leq A \leq MI$  for some scalars  $m < M$ , then for each  $\alpha > 0$*

$$(10) \quad \|BAB\|^p \leq \alpha \|B^p A^p B^p\| + \beta(m^p, M^p, \frac{1}{p}, \alpha) \|B\|^{2p} \quad \text{for all } 0 < p < 1,$$

or equivalently

$$(11) \quad \|B^p A^p B^p\|^{\frac{1}{p}} \leq \alpha \|BAB\| + \beta(m, M, p, \alpha) \|B\|^2 \quad \text{for all } p > 1,$$

where

$$(12) \quad \beta(m, M, p, \alpha) = \begin{cases} \frac{p-1}{p} \left( \frac{M^p - m^p}{p(M-m)} \right)^{\frac{1}{p-1}} + \frac{\alpha(Mm^p - mM^p)}{M^p - m^p} & \text{if } \frac{M^p - m^p}{pM^{p-1}(M-m)} \leq \alpha \leq \frac{M^p - m^p}{pm^{p-1}(M-m)}, \\ (1-\alpha)M & \text{if } 0 < \alpha \leq \frac{M^p - m^p}{pM^{p-1}(M-m)}, \\ (1-\alpha)m & \text{if } \alpha \geq \frac{M^p - m^p}{pm^{p-1}(M-m)}. \end{cases}$$

If we choose  $\alpha$  satisfying  $\beta(m, M, p, \alpha) = 0$  in Theorem 1, then we have the following ratio type reverse inequalities.

**Corollary 2.** *If  $A$  and  $B$  are positive operators on  $H$  such that  $0 < mI \leq A \leq MI$  for some scalars  $m < M$ , then*

$$(13) \quad K(m, M, p) \|BAB\|^p \leq \|B^p A^p B^p\| \quad \text{for } 0 < p < 1,$$

or equivalently

$$(14) \quad \|BAB\|^p \leq K(m, M, p) \|B^p A^p B^p\| \quad \text{for } p > 1,$$

where  $K(m, M, p)$  is defined as (5) in §1.

If we put  $\alpha = 1$  in Theorem 1, then we have the following difference type reverse inequalities.

**Corollary 3.** *If  $A$  and  $B$  are positive operators on  $H$  such that  $0 < mI \leq A \leq MI$  for some scalars  $m < M$ , then*

$$(15) \quad \|BAB\|^p - \|B^p A^p B^p\| \leq -C(m, M, p) \|B\|^{2p} \quad \text{for } 0 < p < 1,$$

or equivalently

$$(16) \quad \|B^p A^p B^p\|^{\frac{1}{p}} - \|BAB\| \leq -C(m^p, M^p, \frac{1}{p}) \|B\|^2 \quad \text{for } p > 1,$$

where  $C(m, M, p)$  is defined as (7) in §1.

As special cases of Corollary 2 and Corollary 3, we have the following corollary.

**Corollary 4.** *If  $A$  and  $B$  are positive operators on  $H$  such that  $0 < mI \leq A \leq MI$  for some scalars  $m < M$ , then*

$$(17) \quad \|B^2 A^2 B^2\| \leq \frac{(M+m)^2}{4Mm} \|BAB\|^2.$$

$$(18) \quad \|B^2 A^2 B^2\|^{\frac{1}{2}} - \|BAB\| \leq \frac{(M-m)^2}{4(M+m)} \|B\|^2.$$

$$(19) \quad \frac{2\sqrt[4]{Mm}}{\sqrt{M} + \sqrt{m}} \|BAB\|^{\frac{1}{2}} \leq \|B^{\frac{1}{2}} A^{\frac{1}{2}} B^{\frac{1}{2}}\|.$$

$$(20) \quad \|BAB\|^{\frac{1}{2}} - \|B^{\frac{1}{2}} A^{\frac{1}{2}} B^{\frac{1}{2}}\| \leq \frac{(\sqrt{M} - \sqrt{m})^2}{4(\sqrt{M} + \sqrt{m})} \|B\|.$$

Since  $\|X^*X\| = \|X\|^2$  for an operator  $X$ , we obtain the following reverse inequality to the Cordes inequality by Corollary 2.

**Theorem 5.** *If  $A$  and  $B$  are positive operators on  $H$  such that  $0 < mI \leq A \leq MI$  for some scalars  $m < M$ , then*

$$(21) \quad K(m^2, M^2, p)^{\frac{1}{2}} \|AB\|^p \leq \|A^p B^p\| \quad \text{for all } 0 < p < 1,$$

or equivalently

$$(22) \quad \|A^p B^p\| \leq K(m^2, M^2, p)^{\frac{1}{2}} \|AB\|^p \quad \text{for all } p > 1.$$

In particular,

$$(23) \quad \sqrt{\frac{2\sqrt{Mm}}{M+m}} \|AB\|^{\frac{1}{2}} \leq \|A^{\frac{1}{2}} B^{\frac{1}{2}}\|.$$

and

$$(24) \quad \|A^2 B^2\| \leq \frac{M^2 + m^2}{2Mm} \|AB\|^2$$

The equivalence among the reverse inequalities of Araki, Cordes and Löwner-Heinz inequalities is now given as follows.

**Theorem 6.** For a given  $p > 1$ , the following are mutually equivalent: For all  $A, B \geq 0$  and  $0 < mI \leq A \leq MI$

- (A)  $A \geq B \geq 0$  implies  $K(m, M, p)A^p \geq B^p$ .
- (B)  $\|A^p B^p\| \leq K(m^2, M^2, p)^{1/2} \|AB\|^p$ .
- (C)  $\|B^p A^p B^p\| \leq K(m, M, p) \|BAB\|^p$ .
- (B')  $K(m^2, M^2, 1/p)^{1/2} \|AB\|^p \leq \|A^p B^p\|$ .
- (C')  $K(m, M, 1/p) \|BAB\|^p \leq \|B^p A^p B^p\|$ .

### 3. LEMMAS

We start with the following three lemmas before we give proofs of the results in §2.

Let  $A$  be a positive operator on a Hilbert space  $H$  and  $x$  a unit vector in  $H$ . Then it follows from Hölder-McCarthy inequality that

$$(25) \quad (Ax, x) \leq (A^p x, x)^{\frac{1}{p}} \quad \text{for all } p > 1.$$

By using the Mond-Pečarić method [12, 13], we have the following reverse inequality of (25) [15, 4]:

**Lemma 7.** If  $A$  is a positive operator on  $H$  such that  $0 < mI \leq A \leq MI$  for some scalars  $0 < m < M$ , then for each  $\alpha > 0$

$$(26) \quad (A^p x, x)^{\frac{1}{p}} \leq \alpha(Ax, x) + \beta(m, M, p, \alpha) \quad \text{for all } p > 1$$

holds for every unit vector  $x \in H$ , where  $\beta(m, M, p, \alpha)$  is defined as (12) in Theorem 1.

*Proof.* For the sake of reader's convenience, we give a proof. Put  $\beta = \beta(m, M, p, \alpha)$  and  $f(t) = (at+b)^{\frac{1}{p}} - \alpha t$  for  $a = \frac{M^p - m^p}{M - m}$  and  $b = \frac{Mm^p - mM^p}{M - m}$ , then we have  $f'(t) = \frac{a}{p}(at+b)^{\frac{1}{p}-1} - \alpha$ . It follows that the equation  $f'(t) = 0$  has exactly one solution  $t_0 = \frac{1}{a}(\frac{\alpha p}{a})^{\frac{p}{1-p}} - \frac{b}{a}$ . If  $m \leq t_0 \leq M$ , then we have  $\beta = \max_{m \leq t \leq M} f(t) = f(t_0)$  since  $f''(t) = \frac{a^2(1-p)}{p^2}(at+b)^{\frac{1}{p}-2} < 0$  and the condition  $m \leq t_0 \leq M$  is equivalent to the condition

$$\frac{M^p - m^p}{pM^{p-1}(M - m)} \leq \alpha \leq \frac{M^p - m^p}{pm^{p-1}(M - m)}.$$

If  $M \leq t_0$ , then  $f(t)$  is increasing on  $[m, M]$  and hence we have  $\beta = \max_{m \leq t \leq M} f(t) = f(t_0) = (1 - \alpha)M$  for  $t_0 = M$ . Similarly, we have  $\beta = \max_{m \leq t \leq M} f(t) = f(t_0) = (1 - \alpha)m$  for  $t_0 = m$  if  $t_0 \leq m$ . Hence it follows that

$$(at+b)^{\frac{1}{p}} - \alpha t \leq \beta \quad \text{for all } t \in [m, M].$$

Since  $t^p$  is convex for  $p > 1$ , it follows that  $t^p \leq at + b$  for  $t \in [m, M]$ . By the spectral theorem, we have  $A^p \leq aA + b$  and hence  $(A^p x, x) \leq a(Ax, x) + b$  for every unit vector  $x \in H$ . Therefore we have

$$\begin{aligned} (A^p x, x)^{\frac{1}{p}} - \alpha(Ax, x) &\leq (a(Ax, x) + b)^{\frac{1}{p}} - \alpha(Ax, x) \\ &\leq \max_{m \leq t \leq M} f(t) = \beta(m, M, p, \alpha). \end{aligned}$$

□

By Lemma 7, we have the following estimates of both the difference and the ratio in the inequality (25).

**Lemma 8.** *If  $A$  is a positive operator on  $H$  such that  $0 < mI \leq A \leq MI$  for some scalars  $0 < m < M$ , then for each  $p > 1$*

$$(27) \quad (A^p x, x)^{\frac{1}{p}} \leq K(m, M, p)^{\frac{1}{p}} (Ax, x)$$

and

$$(28) \quad (A^p x, x)^{\frac{1}{p}} - (Ax, x) \leq -C(m^p, M^p, \frac{1}{p})$$

hold for every unit vector  $x \in H$ , where  $K(m, M, p)$  is defined as (5) in §1 and  $C(m, M, p)$  is defined as (7) in §1.

*Proof.* If we choose  $\alpha$  satisfying  $\beta(m, M, p, \alpha) = 0$  in Lemma 7, then we have  $\alpha = K(m, M, p)^{\frac{1}{p}}$ . If we put  $\alpha = 1$  in Lemma 7, then we have  $\beta(m, M, p, 1) = -C(m^p, M^p, \frac{1}{p})$ .  $\square$

We remark that  $K(m, M, 2)$  coincides with the Kantorovich constant  $\frac{(M+m)^2}{4Mm}$  if  $p = 2$ .

We summarize some important properties of a generalized Kantorovich constant [3, 11].

**Lemma 9.** *Let  $m < M$  be given. Then a generalized Kantorovich constant  $K(m, M, p)$  has the following properties.*

- (i)  $K(m, M, p) = K(M, m, p)$  for all  $p \in \mathbb{R}$ .
- (ii)  $K(m, M, p) = K(m, M, 1-p)$  for all  $p \in \mathbb{R}$ .
- (iii)  $K(m, M, 0) = K(m, M, 1) = 1$  for all  $p \in \mathbb{R}$ .
- (iv)  $K(m, M, p)$  is increasing for  $p > \frac{1}{2}$  and decreasing for  $p < \frac{1}{2}$ .
- (v)  $K(m^r, M^r, \frac{p}{r})^{\frac{1}{p}} = K(m^p, M^p, \frac{r}{p})^{-\frac{1}{r}}$  for  $pr \neq 0$ .

#### 4. PROOF OF RESULTS

Based on Lemmas in the preceding section, we give proofs of the results mentioned in the second section.

##### **Proof of Theorem 1.**

For every unit vector  $x \in H$ , it follows that

$$\begin{aligned} & ((BAB)^p x, x) \\ & \leq (BABx, x)^p \quad \text{by Hölder-McCarthy inequality and } 0 < p < 1 \\ & = \left( (A^p)^{\frac{1}{p}} \frac{Bx}{\|Bx\|}, \frac{Bx}{\|Bx\|} \right)^p \|Bx\|^{2p} \\ & \leq \left( \alpha (A^p \frac{Bx}{\|Bx\|}, \frac{Bx}{\|Bx\|}) + \beta(m^p, M^p, \frac{1}{p}, \alpha) \right) \|Bx\|^{2p} \quad \text{by Lemma 7} \\ & = \alpha (A^p Bx, Bx) \|Bx\|^{2p-2} + \beta(m^p, M^p, \frac{1}{p}, \alpha) \|Bx\|^{2p} \\ & = \alpha \left( B^p A^p B^p \frac{B^{1-p}x}{\|B^{1-p}x\|}, \frac{B^{1-p}x}{\|B^{1-p}x\|} \right) \|Bx\|^{2p-2} \|B^{1-p}x\|^2 + \beta(m^p, M^p, \frac{1}{p}, \alpha) \|Bx\|^{2p} \end{aligned}$$

and

$$\begin{aligned}\|Bx\|^{2p-2}\|B^{1-p}x\|^2 &= (B^2x, x)^{p-1}(B^{2-2p}x, x) \\ &\leq (B^2x, x)^{p-1}(B^2x, x)^{1-p} = 1 \quad \text{by } 0 < 1-p < 1.\end{aligned}$$

By combining two inequalities above, we have

$$\begin{aligned}\|BAB\|^p &= \|(BAB)^p\| \\ &\leq \alpha\|B^pA^pB^p\| + \beta(m^p, M^p, \frac{1}{p}, \alpha)\|B\|^{2p}\end{aligned}$$

and hence we have the desired inequality (10).

Next, we show (10) $\implies$ (11). For  $p > 1$ , since  $0 < \frac{1}{p} < 1$ , it follows from (10) that

$$\|BAB\|^{\frac{1}{p}} \leq \alpha \|B^{\frac{1}{p}}A^{\frac{1}{p}}B^{\frac{1}{p}}\| + \beta(m^{\frac{1}{p}}, M^{\frac{1}{p}}, p, \alpha)\|B\|^{\frac{2}{p}}.$$

By replacing  $A$  by  $A^p$  and  $B$  by  $B^p$  in the above inequality respectively, we have

$$\|B^pA^pB^p\|^{\frac{1}{p}} \leq \alpha \|BAB\| + \beta(m, M, p, \alpha)\|B^p\|^{\frac{2}{p}},$$

and so we have the desired inequality (11). Similarly we can show (11) $\implies$ (10). Therefore (10) is equivalent to (11).  $\square$

### Proof of Corollary 2.

For  $p > 1$ , if we put  $\beta(m, M, p, \alpha) = 0$  in Theorem 1, then it follows that

$$\frac{p-1}{p} \left( \frac{M^p - m^p}{p(M-m)} \right)^{\frac{1}{p-1}} + \alpha^{\frac{p}{p-1}} \frac{(Mm^p - mM^p)}{M^p - m^p} = 0$$

and hence

$$\alpha^{\frac{p}{p-1}} = -\frac{p-1}{p} \left( \frac{M^p - m^p}{p(M-m)} \right)^{\frac{1}{p-1}} \frac{M^p - m^p}{Mm^p - mM^p}.$$

Therefore, we have

$$\begin{aligned}\alpha^p &= \frac{M^p - m^p}{p(M-m)} \left( \frac{p-1}{p} \frac{M^p - m^p}{mM^p - Mm^p} \right)^{p-1} \\ &= K(m, M, p)\end{aligned}$$

and we obtain the desired inequality (14).

For  $0 < p < 1$ , since  $1/p > 1$ , it follows from (14) that

$$\|BAB\|^{\frac{1}{p}} \leq K(m, M, \frac{1}{p})\|B^{\frac{1}{p}}A^{\frac{1}{p}}B^{\frac{1}{p}}\|.$$

By replacing  $A$  and  $B$  by  $A^p$  and  $B^p$  respectively, then we have

$$\|B^pA^pB^p\|^{\frac{1}{p}} \leq K(m^p, M^p, \frac{1}{p})\|BAB\|.$$

Hence it follows from Lemma 9 that

$$\begin{aligned}\|B^pA^pB^p\| &\leq K(m^p, M^p, \frac{1}{p})^p \|BAB\|^p \\ &\leq K(m, M, p)^{-1} \|BAB\|^p,\end{aligned}$$

and we have the desired inequality (13). Similarly we have the implication (13) $\implies$ (14).  $\square$

**Proof of Corollary 3.**

If we put  $\alpha = 1$  in Theorem 1, then it follows that

$$\begin{aligned}\beta(m^p, M^p, \frac{1}{p}, 1) &= \frac{\frac{1}{p} - 1}{\frac{1}{p}} \left( \frac{M - m}{\frac{1}{p}(M^p - m^p)} \right)^{\frac{1}{\frac{1}{p} - 1}} + \frac{M^p m - m^p M}{M - m} \\ &= (1 - p) \left( \frac{p(M - m)}{M^p - m^p} \right)^{\frac{p}{1-p}} + \frac{M^p m - m^p M}{M - m} \\ &= -C(m, M, p).\end{aligned}$$

Similarly it follows that  $\beta(m, M, p, 1) = -C(m^p, M^p, \frac{1}{p})$ . Hence we have the equivalence (15)  $\iff$  (16)  $\square$

**Proof of Corollary 4.**

In Corollary 2 and 3, we have only to put  $p = 2$  and  $p = 1/2$ .  $\square$

**Proof of Theorem 5**

By Corollary 2, it follows that

$$K(m, M, p) \|A^{\frac{1}{2}} B\|^{2p} \leq \|A^{\frac{p}{2}} B^p\|^2.$$

By replacing  $A$  by  $A^2$ , we have

$$K(m^2, M^2, p) \|AB\|^{2p} \leq \|A^p B^p\|^2.$$

Therefore we have (21). Similarly, we have the equivalence (21)  $\iff$  (22).  $\square$

**Proof of Theorem 6**

The proof is divided into three parts, namely the equivalence (A)  $\implies$  (B)  $\implies$  (C)  $\implies$  (A), (B)  $\iff$  (B') and (C)  $\iff$  (C').

(A)  $\implies$  (B). It follows that

$$\begin{aligned}(A) &\iff \|A^{-\frac{1}{2}} B^{\frac{1}{2}}\| \leq 1 \rightarrow \|A^{-\frac{p}{2}} B^{\frac{p}{2}}\|^2 \leq K(m, M, p) \\ &\iff \|A^{\frac{1}{2}} B^{\frac{1}{2}}\| \leq 1 \rightarrow \|A^{\frac{p}{2}} B^{\frac{p}{2}}\|^2 \leq K(M^{-1}, m^{-1}, p) = K(m, M, p) \\ &\iff \|AB\| \leq 1 \rightarrow \|A^p B^p\| \leq K(m^2, M^2, p).\end{aligned}$$

If we put  $B_1 = B/\|AB\|$ , then it follows from  $\|AB_1\| = 1$  that

$$\|A^p B_1^p\| \leq K(m^2, M^2, p)^{\frac{1}{2}} \iff \|A^p B^p\| \leq K(m^2, M^2, p)^{\frac{1}{2}} \|AB\|^p.$$

(B)  $\implies$  (C). If we replace  $A$  by  $A^{\frac{1}{2}}$  in (A), then it follows that

$$\|A^{\frac{p}{2}} B^p\| \leq K(m, M, p)^{\frac{1}{2}} \|A^{\frac{1}{2}} B\|^p.$$

Square both sides, we have

$$\|B^p A^p B^p\| \leq K(m, M, p) \|BAB\|^p.$$

(C)  $\implies$  (A). If we replace  $B$  by  $B^{\frac{1}{2}}$  and  $A$  by  $A^{-1}$  in (C), then it follows that

$$\|B^{\frac{p}{2}} A^{-p} B^{\frac{p}{2}}\| \leq K(M^{-1}, m^{-1}, p) \|B^{\frac{1}{2}} A^{-1} B^{\frac{1}{2}}\|^p.$$

By rearranging it, we have

$$\|A^{-\frac{p}{2}} B^p A^{-\frac{p}{2}}\| \leq K(m, M, p) \|A^{-\frac{1}{2}} B A^{-\frac{1}{2}}\|^p.$$



Since  $A \geq B \geq 0$ , it follows from  $A^{-\frac{1}{2}}BA^{-\frac{1}{2}} \leq 1$  that

$$\|A^{-\frac{p}{2}}B^pA^{-\frac{p}{2}}\| \leq K(m, M, p)$$

and hence

$$B^p \leq K(m, M, p)A^p.$$

(B)  $\iff$  (B'): If we replace  $A$  and  $B$  by  $A^{\frac{1}{p}}$  and  $B^{\frac{1}{p}}$  in (B) respectively, then it follows that

$$\begin{aligned} (B) &\iff \|AB\| \leq K(m^{\frac{2}{p}}, M^{\frac{2}{p}}, p)^{\frac{1}{2}} \|A^{\frac{1}{p}}B^{\frac{1}{p}}\|^p \\ &\iff \|AB\|^{\frac{1}{p}} \leq K(m^{\frac{2}{p}}, M^{\frac{2}{p}}, p)^{\frac{1}{2p}} \|A^{\frac{1}{p}}B^{\frac{1}{p}}\| \\ &\iff K(m^2, M^2, p)^{\frac{1}{2}} \|AB\|^{\frac{1}{p}} \leq \|A^{\frac{1}{p}}B^{\frac{1}{p}}\| \quad \text{by Lemma 9} \\ &\iff (B') \end{aligned}$$

Similarly we have (C)  $\iff$  (C') and so the proof is complete.  $\square$

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